



Sacramento
Naturopathic
Medical Center

YOUR PATHWAY TO HEALING

Dr. Dennis Godby, MA, *Naturopathic Medical Doctor* CA-Lic. #84
2530 J Street, Ste 100 *Sacramento, CA 95816
Phone: **916-446-2591** * Fax: 916-446-2592

Dear New Patient;

We congratulate you on making the decision to start or continue your journey revitalizing your health, and we thank you for having confidence in Sacramento Naturopathic Medical Center in serving your healthcare needs. We feel honored and privileged to serve you, and we will do everything possible to help you on that journey!

To help Dr. Godby to use your time and financial resources, as effectively and efficiently as possible, it is essential that you complete all the enclosed paperwork, prior to your first appointment, and bring it with you on the day of your appointment. It would be wise to allow at least 1½ hours for filling out the attached intake forms, so that you don't have to rush through. Answering the symptoms on the "Health Appraisal Questionnaire," as accurately as possible, is extremely important in providing important clues for helping Dr Godby to find the cause(s) of your disease/dysfunction!

You can also **mail** your intake forms back to us so that Dr. Godby can review it before your appointment, however, **please** do not fax the intake forms prior to the appointment!

The first appointment will last about 75 minutes. It would be extremely beneficial to bring: **copies of your most recent laboratory exams**, a list of your current medications and nutritional supplements (if any). If you have no recent lab results, labs are available through our Center very inexpensively - about 5 times less than the going rate.

We look forward to serving you and optimizing your health! **As with almost anything in life, the more that you commit to the program, the greater results you can expect.**

Because at Sacramento Naturopathic Medical Center we believe that building a partnership between practitioner and patient and effective communication are critical to health and healing, we encourage you to e-mail (DrGodby@SacND.com), or call Dr. Godby, or Wilma, the office manager at **916-446-2591**, if you need clarification of the treatment program. Because your message is so important to us, we will respond to your phone/email message, ASAP - usually the same day.

To your health and happiness;
Sacramento Naturopathic Medical Center